

TEAM(S) Fall: _____ Winter: _____ Spring: _____ GRADE _____

For Office use only

Varsity _____ JV _____

**CHRISTIAN HIGH SCHOOL
AUTHORIZATION OF CONSENT FOR ATHLETIC EVENTS
(Treatment of a Minor)**

I/We, the undersigned, parent or legal guardian of _____ Minor, do hereby authorize the sponsor to give permission to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under the general or special supervision of any physician and/or surgeon licensed under the provisions of the Medical Practice Act on the medical staff of any qualified hospital, or other medical facility.

It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required and is given to provide authority and power on the part of any qualified physician to give specific consent to any and all such diagnosis, treatment or hospital care which the attending physician, in the exercise of his best judgement, may deem advisable.

This authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California.

Sign in Ink _____ Date _____

Signature of Parent or Legal Guardian

Address _____ Phone # _____

Insurance Co. _____ Medical# _____

Dr. _____ Phone # _____

Medical Conditions/Allergies _____

CAR POOL PERMISSION FORM

I, _____ (name of parent or legal guardian) give my

permission for **(Son/Daughter)** _____ to car pool to and from away practices and games with coaches or parent drivers. CHS does not authorize students to carpool with other students.

I further agree not to hold in fault the coaches, administration, Christian Unified Schools of San Diego, Christian High, Christian Junior High for any injuries that might occur because of car-pooling.

Signature of Parent or Legal Guardian Date _____

Home Phone # _____ Work Phone # _____ Cell Phone # _____

FINANCIAL POLICY

I understand that an athletic fee of \$175.00 per sport and \$425.00 for football is required to participate in this program. I agree to pay the fee in full immediately upon receipt of the bill from the business office. I understand that failure to pay this bill on time will result in a late fee of \$50.00. Failure to pay may also result in removal of the student from the athletic program and/or removal from all classes until the fee is paid. If you have any questions relating to the school's financial policies, please contact the business office at 619-590-2181.

Signature of Parent or Legal Guardian Date _____

FIELD TRIP DRIVER REGISTRATION FORM
Christian Unified Schools of San Diego

Name of parent/driver _____
Address _____ City _____ Zip _____
Home Phone _____ Cell Phone _____
Driver's License Number _____ State of Issue _____
Make of Vehicle _____ Model _____
Number of Seatbelts _____ (Students may not occupy seat with front air bags)
Name of Insurance Company _____
Policy Number _____

Minimum liability required to be carried by CUSSD field trip drivers is \$100,000/\$300,000 for bodily injury and \$50,000 for property damage/uninsured motorist.

Amount of coverage on this vehicle:
Liability per person/per collision _____ / _____
Property damage _____

I understand the school's insurance does not cover my vehicle or myself, but only the students on a required field trip and students participating in official school sponsored activities, such as athletics, etc. I also understand that children of parent drivers are not covered by the school's insurance.

By law the number of children in the vehicle should total no more than eight passengers including the driver; however, each child must have a seat, which means that some vehicles would carry less than eight passengers. Seatbelts must be used.

Additionally, students under age six or under 60 pounds in weight must use a car seat.

Signature of Parent/Driver

Date _____

A valid driver's license and proof of current insurance policy must accompany this form. For your convenience the school office will make copies of these documents.

CHRISTIAN HIGH SCHOOL
PARENT/ATHLETE COMMITMENT FORM

SPORT _____ DATE _____

Dear Parents and Athlete;

We are pleased that your son/daughter is contemplating the opportunity to participate in athletics at CHS. We feel it is very important to share some basic guidelines regarding the commitment both you and your athlete are about to make, and thereby, have your support throughout the season.

We suggest that this decision be a prayerful one, considering both the benefits and constraints involved in being a team member. Each season lasts approximately three months with practices lasting roughly two hours after school every day and contests usually twice weekly. Since practices and games are mandatory, it is each player's responsibility to make necessary transportation arrangements.

We have listed items that must be considered by each parent, athlete and coach. These items will be discussed at the Parent/Team meeting with your coach. Should you be unable to attend, it is the parent's and athlete's responsibility to become aware of the commitment rules and regulations.

1. Be certain your athlete is committed enough for this level of competition and is willing to give time and effort both at practices and games for the whole season.
2. Consider the time spent on sports and its impact on your family's meal time and vacation plans, as well as the impact on study time. Also consider other activities such as drama, choral productions, or church activities. The team needs your commitment to be successful. Please adjust your family travel plans to not conflict with competition, if at all possible.
3. Realize that there is the potential for injury in any sport. Your, (parents) medical coverage is primary and the school's is **secondary**.
4. Be cognizant of the coach's requirements and goals, so you can better understand his/her methods and emphasis. Communicate your concerns – positive or negative – with the coach.
5. Consider and discuss with your athlete that their conduct should be a testimony for the Lord. We are a Christian school and, as such, all of us (coaches, players, and spectators) represent Jesus Christ and should behave as His ambassadors.
6. Evaluate the financial cost for participation in this team.
7. Be willing to support the team in whatever you can (i.e. transportation, refreshments, encouragement, attendance to contest, etc).
8. **Realize that to quit a team is something the coaches heartily discouraged, and should not be done without considering the ramifications.**

I HAVE READ THE ATHLETIC COMMITMENT FORM, AND UNDERSTAND THE PRIVILEGE AND OBLIGATION OF THE SPORT AND I AGREE TO ABIDE BY THESE RULES TO THE BEST OF MY ABILITY.

PARENT _____ DATE _____

ATHLETE _____ DATE _____

Christian Unified Schools of San Diego

ATHLETIC POLICY AGAINST HAZING

Christian Unified Schools of San Diego strives to maintain a healthy athletic program in which all students feel safe and welcome and can be proud of the school and the athletic programs they represent.

I understand that hazing of any kind is not allowed on this campus and in the athletic program. This includes mental, verbal and physical acts. I further understand that it is my duty to report any acts of hazing that I see to a coach, teacher, or administrator on campus.

By signing below, I agree to uphold this District policy and understand that any violation will result in my immediate suspension from athletics and further disciplinary action as outlined in the District policy and procedures.

Athlete's Name

Athlete's Signature

Parent/Guardian Name

Parent/Guardian Signature

Date

Definition of Hazing

Hazing in any form, including initiation which is degrading, is strictly forbidden by California State Law. No student shall conspire to engage in hazing, participate in hazing or commit any act that causes or is likely to cause bodily danger, physical harm, personal degradation or disgrace resulting in physical or mental harm to any fellow student or person. Intimidation: involves threats of mental or physical harm or pressure. Examples of this behavior include, but not limited to, bullying, domineering, extorting or otherwise attempting to influence someone with the use of frightening actions and/or words. Severe cases of intimidation are classified as assault. In an assault no blows need to occur. Just the fact that they could occur constitutes a criminal act.



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ETHICS IN SPORTS (ATHLETE-PARENT/GUARDIAN/CAREGIVER) – 2010-11
 (Revised 3/09)

I. POLICY STATEMENT

- It is the mission of the California Interscholastic Federation, San Diego Section (CIFSDS) to promote high standards of sportsmanlike and ethical behavior in and around athletic contests played under its sanction and, in life, in general. Citizenship, Integrity, and Fairness are embodied in that mission. CIF and CIFSDS contests must be safe, courteous, fair, controlled, and orderly for the benefit of all athletes, coaches, officials, and spectators, and behavior by all involved at all times should manifest the highest standards of conduct.
- It is the intent of the section membership that poor sportsmanship, unethical behavior, and violence, in any form, will not be tolerated in athletic contests or practices. In order to enforce this policy, the membership, through its Board of Managers, has established rules and regulations.
- Coaches assume the responsibility to teach and demand high standards of conduct of their athletes both on the field of play and in everyday life, in season and out of season.
- It is the school principal's responsibility to enforce all CIFSDS rules and regulations and to demand high standards of conduct from coaches, athletes, parents/guardians, and spectators. The principal shall demand strict adherence to all the CIF State and CIFSDS rules, regulations, and procedures.
- **Participation in interscholastic athletics and section playoffs is a privilege.**
- The CIFSDS Board of Managers requires that the following Code of Ethics be issued to and signed by each student-athlete, parent, coach, and officials' association. Penalties for failure to submit a signed Code of Ethics are:

1. Athlete	Ineligibility for participation in CIF-San Diego Section athletics
2. Coach	Restricted from coaching in CIF-San Diego Section contests
3. Officials Association	Not approved to officiate in the CIF-San Diego Section
4. Parent	Prohibition/Removal from attendance at CIF or CIFSDS event
- **Failure to abide by the standards of behavior as agreed will result in a penalty up to and including disqualification to participate.**

II. CODE OF ETHICS FOR STUDENT-ATHLETE, PARENT/GUARDIAN/CAREGIVER, COACH, CONTEST OFFICIAL

- A. Comply with the six pillars and 16 Principles of the Pursuing Victory with Honor program (on reverse side).
- B. Be courteous at all times with school officials, opponents, game officials, and spectators.
- C. Exercise self-control.
- D. Know all rules of the contest, of CIF State, and the CIFSDS and agree to follow the rules.
- E. Show respect for self, players, officials, coaches, and spectators.
- F. Refrain from the use of foul and/or abusive language at all times.
- G. Respect the integrity and judgment of game officials.
- H. An athletic director, sports coach, school official or employee or booster club/sport group member may not provide any muscle-building nutritional supplements to student-athletes at any time. A school may only accept an advertisement, sponsor, or donation from a supplement manufacturer that offers only non-muscle building nutritional supplements. A school may not accept an advertisement sponsorship or donation from a distributor of a dietary supplement whose name appears on the label. Permissible non-muscle building nutritional supplements are identified according to the following classes: Carbohydrate/electrolyte drinks; energy bars, carbohydrate boosters, and vitamins and minerals. (Revised - Federated Council May 2007.)
- I. **Win with character; lose with dignity.**

Accept consequences of conduct deemed inappropriate or in violation of rules.

I have read, understand, and accept the Policy Statement, Code of Ethics, The Pillars and Principles of Pursuing Victory with Honor, and the Violations, Minimum Penalties, and Appeal Process (on attached page) of the CIF-San Diego Section **ETHICS IN SPORTS** Policy. I agree to abide by this policy while participating and/or being a spectator at CIFSDS athletic events regardless of contest site or jurisdiction.

 Signature – Athlete

 Printed Name

 Date

 Signature – Parent/Guardian/Caregiver

 Printed Name

 Date

PURSUING VICTORY WITH HONOR

SIX PILLARS OF CHARACTER

TRUSTWORTHINESS

RESPECT

RESPONSIBILITY

FAIRNESS

CARING

GOOD CITIZENSHIP

SIXTEEN PRINCIPLES OF PURSUING VICTORY WITH HONOR

1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character.”
2. It’s the duty of School Boards, superintendents, school administrators, parents, and school sports leadership - including coaches, athletic administrators, program directors, and game officials - to promote sportsmanship and foster good character by teaching, enforcing, advocating, and modeling these “six pillars of character.”
3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, social, physical, and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
4. Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules, and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
5. School Boards, superintendents, school administrators, parents, and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents, and spectators.
6. All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
7. The importance of character, ethics, and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
8. School Boards, superintendents, school administrators, parents, and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.
9. School Boards, superintendents, principals, school administrators, and everyone involved at any level of governance in the CIF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical, and ethical well-being of student-athletes is always placed above desires and pressure to win.
10. All employees of member schools must be directly involved and committed to the academic success of student-athletes and the character-building goals of the school.
11. Everyone involved in competition including parents, spectators, associated student body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting, and inappropriate celebrations.
12. School Boards, superintendents, and school administrators of CIF member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character. 2) The physical capabilities and limitations of the age group coached as well as first aid and CPR. 3) Coaching principles and the rules and strategies of the sport.
13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all of our diverse communities.
14. To safeguard the health of athletes and the integrity of the sport, school sports programs must actively prohibit the use of alcohol, tobacco, drugs, and performance-enhancing substances, as well as demand compliance with all laws and regulations, including those related to gambling and the use of drugs.
15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school’s name or reputation. There should be no undue interference or influence of commercial interests. In addition, sports programs must be prudent, avoiding undue financial dependency on particular companies or sponsors.
16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimension of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring, and good citizens.

VIOLATIONS, MINIMUM PENALTIES, AND APPEAL PROCESS

(Applicable to players and coaches from time of departure for contest until time of return.)

ACT

1. Behavior resulting in ejection of athlete or coach from contest
2. Illegal participation in next contest by athlete ejected from previous contest.
3. Second ejection of athlete or coach from any contest during one season.
4. When an athlete leaves the bench area or fielding position to begin a confrontation or leaves the bench area or fielding position to join an altercation.
5. When more than two athletes leave the bench area or fielding position to begin a confrontation or leave the bench area or fielding position to join an altercation.
6. Other acts committed by individuals or teams or acts committed at end of season.
7. Use of an ineligible player in a contest.

MINIMUM PENALTIES*

EJECTION POLICY:

Any coach, team attendant, or spectator ejected by a contest official from any contest for any reason, at any level, is suspended indefinitely from participation, practice, or attending (site and sound) any sports contest, until the first of the following occurs: the ejected person serves the tentative penalty recommended by the commissioner; or a meeting is held among the school administration, coach, player, and custodial parent(s)/guardian(s) with CIFSDS staff member(s) to discuss and impose an appropriate penalty which is served before participation resumes.

Any player ejected by a contest official from any contest for any reason is suspended from participation in the next contest(s) until the tentative penalty recommended by the commissioner is served; or a meeting is held among the school administration, coach, player, and custodial parent(s)/guardian(s) with CIFSDS staff member(s) to discuss and impose an appropriate penalty which is served before participation resumes. **Players are permitted to practice with the team and attend contests, but not in game uniform, during the period of suspension. (Approved June 3, 2008, Board of Managers).** Meetings will be scheduled at a time to be announced. There is no appeal of the Commissioner's decision. Telephonic and electronic meetings are not permitted.

Additionally, any person ejected (coach, player, spectator) is required to attend a CIFSDS Ethics In Sports Sportsmanship Meeting, which will be held at a time to be announced. Failure to attend the sportsmanship meeting will result in immediate suspension of athletic eligibility or attendance (site and sound) at contests or practices until such time as the ejected person attends a Sportsmanship Meeting. (Approved June 7, 2005, Board of Managers).

Ineligibility for remainder of season for athlete. A written appeal may be made by the individual or school to the commissioner.

A coach, who permits participation by a player ejected from a previous contest, knowingly violates a CIF or San Diego Section rule, and penalty may include a sanction to the school, coach, or suspension of membership.

Ineligibility of athlete for remainder of season or suspension of coach for remainder of season. A written appeal may be made by the school principal within two school days to the commissioner for reduction of penalty. Official to make report by the next school day to the commissioner.

Ejection from the contest for those designated by the official, ineligibility for the next contest, probation for remainder of season. Those players involved are later identified, ineligible for next contest and probation for remainder of season. A written appeal may be made by the individual(s) or school to the commissioner. Official to make report by the next school day to the commissioner.

A similar infraction of this act by the same athlete(s) during the same season will result in termination of the season for the athlete(s) concerned. A written appeal may be made by the school principal to the Commissioner.

Contest will be stopped by officials and coaches. Ejection from the contest for those athlete(s) designated by the officials. The team(s) that left the bench area must forfeit the contest, record a loss, and the team(s) and player(s) placed on probation for the remainder of the season. A written appeal may be made by the school(s) principal to the commissioner. A second infraction will result in cessation of the season for the team(s) and/or athlete(s). A written appeal may be made by the school(s) principal to the commissioner. Official to make report by the next school day to the commissioner.

If the act occurs in the CIF-San Diego Finals, and both teams are charged with a forfeit, there will be no champion. A written appeal may be made by school(s) principal to the commissioner. Official to make report by the next school day to commissioner.

Commissioner, as authorized by Green Book, to determine and implement penalties up to and including career suspension for individuals and following year penalties for teams.

If a team uses an ineligible player in a contest(s), the contest(s) shall be forfeited. The number of forfeited contest(s) exceeds the maximum permitted in accordance with the CIFSDS Forfeit Policy (see Green Book) the team shall be excluded from CIFSDS playoffs.

If an ineligible individual is permitted to participate in an individual sport, that individual is excluded from playoffs, and the school is subject to penalties for a willful violation of a rule.

*Commissioner, as authorized by Green Book, may determine and implement additional penalties up to and including career suspension for individuals and following year penalties for teams.

ATHLETE'S NAME

(PLEASE PRINT)

III. PATIENT'S MEDICAL STATEMENT

In case of injury, I hereby give my consent for my son/daughter to have treatment by a hospital physician, or whatever medical specialist the physician deems necessary. I can be reached at:

Home Phone _____ Hours _____

Business Phone _____ Hours _____

Family Physician: DR. _____ Phone _____

Medical Insurance Plan _____

Please answer the following questions regarding your son/daughter:

- | | | | |
|----|---|-----|----|
| 1. | Has had injuries requiring medical attention | Yes | No |
| 2. | Has had an illness lasting more than a week | Yes | No |
| 3. | Is under a physician's care now | Yes | No |
| 4. | Takes medication | Yes | No |
| 5. | Wears glasses | Yes | No |
| 6. | Wears contact lenses | Yes | No |
| 7. | Has had a surgical operation | Yes | No |
| 8. | Has been in a hospital (except for tonsillectomy) | Yes | No |
| 9. | Do you know any reason why this individual should not participate in any sports offered at CHS? | Yes | No |

Please explain and "Yes" answers:

_____ Date

_____ Parent / Guardian's Signature

IV. PHYSICAL EXAMINATION

I certify that the above named individual's health history form has been examined and that a physical examination pertaining to disqualifying abnormalities of general physical qualifications, dental, respiratory system, cardiovascular system (except blood pressure), gastrointestinal system, musculoskeletal system and genitourinary system has been performed by me/or my colleagues. The following abnormalities were detected:

In my opinion, he/she is qualified to participate in the high school athletic program.

_____ Date

_____ Physician's Signature

CHRISTIAN HIGH PHYSICAL FORM

Both sides of this form must be completed before first team tryout/practice.

LAST NAME

FIRST NAME

GRADE

SPORT

I. PARENT'S PERMISSION

I hereby give my consent for the above named athlete to compete in sports and to travel with the team to various events using transportation that qualifies under the District regulations. In case athlete is injured, the school person in charge of the team is authorized to have him/her treated. I also recognize that my son/daughter will be subject to current training rules and that failure to abide by these rules may result in his/her being dropped from athletics at Christian High School. I also recognize that my son/daughter must make a total commitment to complete the entire season of the sport and participate in all scheduled contests and playoffs.

II. ATHLETE'S AGREEMENT

1. I understand that I must maintain a grade point average of 2.0 or above (excluding TA grades) the previous grading period in order to be eligible for athletic participation. Failure to maintain the 2.0 G.P.A. will result in my ineligibility until the next grading period.
2. I also understand that a satisfactory citizenship record must also be maintained each grading period. Two U's during a grading period will make me ineligible until the next report card.
3. I understand that I can miss no more than two periods in order to participate in practice or games, unless I have a doctor's excused absence, or a prior clearance from the administration.
4. I further understand that while I participate for Christian High School I am representing Jesus Christ and therefore my attitude needs to reflect Christian character qualities and growth.

The following label appears on all football helmets: **WARNING: NO HELMET CAN PREVENT ALL HEAD OR NECK INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN FOOTBALL.** Do not use this helmet to butt, ram or spear an opposing player. This is in violation of the football rules and such use can result in severe head or neck injuries, paralysis or death to you and possible injury to your opponent.

Athlete's Signature

Date

Parent's Signature

Date